# Use of New York State Physician Data to Analyze Potential Impact of Hospital Restructuring/Closures in New York City

Association of American Medical Colleges
Third Annual Physician Workforce Research Conference

May 3, 2007

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#### Today's Presentation

Today, we will discuss

- The Center for Health Workforce Studies
- New York State Education Department Physician Re-registration Survey
- The mission and findings of the Commission on Health Care Facilities in the 21<sup>st</sup> Century
- The HHC/PCDC Analysis and Report on Primary Care Capacity Shortage in NYC and the Potential Impact of Hospital Closure



## Center for Health Workforce Studies School of Public Health at U Albany

- Conducts studies of the supply, demand, use, and education of the health workforce
- Committed to collecting and analyzing data to understand workforce dynamics and trends
- Goal is to inform public policies, the health and education sectors, and the public



#### New York State Education Department Physician Re-registration Survey

- Physician survey is sent out with reregistration packet
- Physicians re-register every two years
- Center has been collecting physician data since 1996
- 2004 06 survey had 84% response rate



#### New York State Education Department Physician Re-registration Survey

- Physician survey requests information on:
  - Practice setting
  - Practice address, including zip code
  - Practice specialty
  - Percent of patient panel by source of payment (Medicaid, Medicare, Self-Pay, Other)
  - Demographics

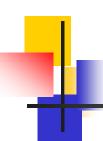


#### Selected Recent Reports Using Physician Re-registration Data

- "The Supply and Distribution of Physicians in New York State, 2004," January, 2006
- "Changing Practice Patterns of Obstetricians/Gynecologists in New York," April, 2006
- " A Profile of New York's Underrepresented Minority Physicians, 2006," June, 2006

## The Supply and Distribution of Physicians in NY, 2004

- Based on survey responses, it is estimated that there were:
  - New York State
    - 77,471 licensed physicians
    - 61,931 active physicians (55,390 full-time equivalents)
    - 21,344 active physicians in primary care, including Ob/Gyns (34% of active physicians)
  - New York City
    - 29,559 active physicians (25,249 full-time equivalents)
    - 10,067 active physicians in primary care, including Ob/Gyns, in NYC (34% of active physicians)



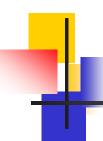
### The Commission on Health Care Facilities in the 21<sup>st</sup> Century

- Non-partisan panel established to review acute and long-term care systems
- One state-wide panel
- Six regional panels
- Charged with "rightsizing" institutions
  - Consolidation
  - Closure
  - Conversion
  - Restructuring



## Issues Identified by the Commission

- Financial instability of current system of providers, with over 125 closures of hospitals and nursing homes since 1983
- Hospitals and nursing homes continue to operate at a financial loss
- Aging health care infrastructure, with little additional funds to reinvest in capital projects



## Issues Identified by the Commission

- Excess number of hospital and nursing home beds
- Insufficient primary and preventive care to meet the needs of New Yorkers
- Insufficient community-based alternatives to meet the needs of New Yorkers



#### NYC Providers and Advocates Concerned About Major Gap in Commission's Charge, Namely Primary Care

- Concerned that Commission did not understand NYC hospitals' contribution to the provision of primary care
- Several NYC organizations partnered to develop report using physician data, primarily
  - New York City Health and Hospitals Corporation (HHC)
  - Primary Care Development Corporation (PCDC)



#### HHC/PCDC Study Purpose

- Understand primary care physician capacity available to New York City residents, particularly low-income New Yorkers
- Determine how hospital restructuring and closures could affect the availability of primary care
- Identify issues that Commission needs to consider to ensure access to health care for the most vulnerable New Yorkers



- To download or read the HHC/PCDC report: http://www.pcdcny.org/documents/Primary\_ Care\_Capacity.pdf
- Used 2004-06 physician re-registration data to assess primary care capacity in NYC
- Primary care defined as:
  - Family practice
  - General practice
  - Internal Medicine (general)
  - Obstetrics/Gynecology
  - Pediatrics (general)



### HHC/PCDC Study Methodology

- Assessed primary care in non-inpatient settings
  - Community settings (non-hospital based providers)
    - Solo/group/partnership physician practices
    - Health Centers/Staff Model HMOs
    - State and local health departments
  - Hospital settings
    - Outpatient departments
    - Satellite locations



### HHC/PCDC Study Methodology

- Calculated full-time equivalents (FTEs) by zip code for all providers and for Medicaid providers
- From the re-registration survey
  - Selected physicians working in patient care full or part time
  - Calculated FTEs based on patient care hours reported (36 hours = 1 FTE)
  - Used field "primary source of payment" to determine Medicaid FTEs



- Calculated population-to-provider ratios
  - By zip code for 173 zip codes in NYC
    - Incorporated 21 point zip codes into geographic zip codes (buildings, airports, military bases)
  - By NYC Borough (County)
  - For total population and Medicaid-Eligible population
    - Used 2005 Claritas estimates for total population
    - Used New York State Department of Health Medicaid Enrollment Figures for FFY 2005



### HHC/PCDC Study Methodology

- Applied thresholds for shortages
  - >3,000 residents per 1 FTE primary care provider considered shortage area
  - Between 2,000 and 2,999 residents per 1 FTE primary care provider considered stressed area
  - Developed ratios by community setting and by hospital setting



#### Finding: 38% of NYC Population in Shortage or Stressed Areas

- Maldistribution of primary care physicians based on:
  - Income
  - Location of hospitals
- 40% of all zip codes defined "serious shortage" or "stressed"
- Overall, 3 million New Yorkers are in "serious shortage" or "stressed" areas

#### Finding: 38% of NYC Population in Shortage or Stressed Areas

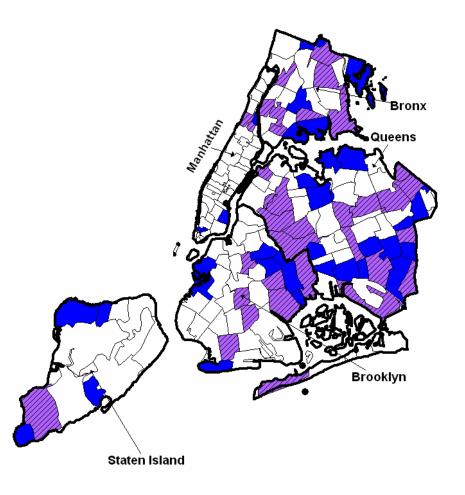
- 36 "serious shortage" zip codes have a population to primary care FTE ratio of 4,408:1
- •34 "stressed" zip codes have a population to primary care FTE ratio of 2,392:1
- •A number of areas outside of Manhattan (New York County) have primary care access issues

#### NYC Primary Care Physician Shortage Areas by Zip Codes

Serious Shortage: >3,000 Residents per 1 FTE Primary Care Provider (36)

Stressed Shortage: 2,000 to 2,999.99 Residents per 1 FTE Primary Care Provider (34)

Total number of zip codes =173



Source: Center for Health Workforce Studies, SUNY, Albany, NYS Physician Re-registration Survey 2004-2006



#### Finding: Shortage of Primary Care Physicians Serving Low-Income New Yorkers

- More than half of NYC communities have significant shortage of primary care physicians serving low-income New Yorkers.
- 39% of NYC residents are enrolled in Medicaid but they have access to just 25% of primary care physicians based in NYC

#### Finding: Shortage of Primary Care Physicians Serving Low-Income New Yorkers

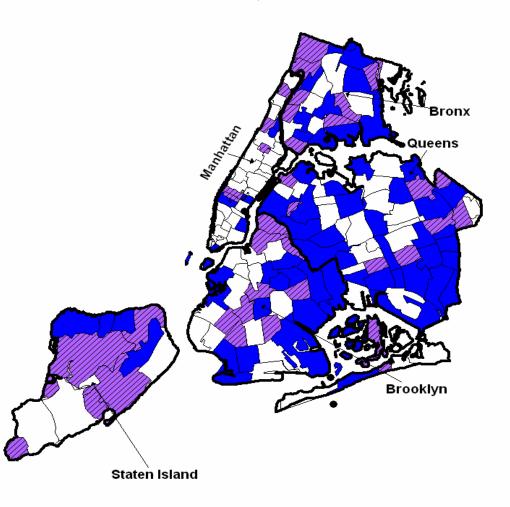
- 64 "serious shortage" zip codes have a Medicaid enrollee to Primary Care FTE ratio of 4,682:1
- •36 "stressed" zip codes have a Medicaid enrollee to Primary Care FTE ratio of 2,422:1
- •Remaining 73 zip codes have a Medicaid enrollee to Primary Care FTE ratio of 1,101:1

#### NYC Primary Care Physician Shortage Areas For Medicaid-Enrolled Residents, By Zip Code

Serious Shortage: >3,000 Residents Per 1 FTE Primary Care Provider (64 zips)

Stressed: 2,000 to 2,999 Residents Per 1 FTE Primary Care Provider (36 zips)

Total number of zip codes =173





#### Finding: Closing Hospitals Could Severely Impact Physician Supply

- Low-income NYC residents are dependent on hospitals for their primary care
- Over 70% of zip codes in NYC would be potentially stressed or have shortages if hospital-based primary care were to go away

#### Finding: Closing Hospitals Could Severely Impact Physician Supply

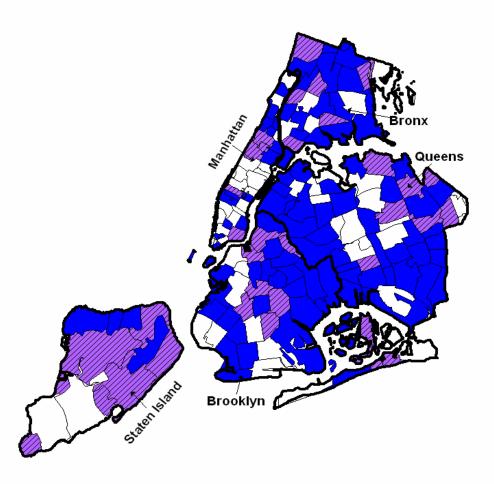
- 90 (52%) zip codes could have serious shortages
- •33 (19%) zip codes could be stressed
- •While this represents the worst case scenario, it shows how dependent NYC residents are on hospital-based primary care physicians.

#### NYC Primary Care Physician Shortage Areas If No Hospital-Based Physicians Are Available

Serious Shortage: >3,000 Residents Per 1 FTE Primary Care Provider (90 zips)

Stressed: 2,000-2,999 Residents Per 1 FTE Primary Care Provider (33 zips)

Total Number of Zip Codes =173





#### **Acknowledgements**

- Center for Health Workforce Studies
  - Robert Martiniano, MPA, MPH
  - Maria Kouznetsova, MPH, PhD
- Health and Hospitals Corporation
  - Dona Green, MBA
  - Victor Kim
- Primary Care Development Corporation
  - Nancy Lager, MPH, MSUP
  - Deborah Zahn, MPH