Health Care Jobs Downstate Are Rebounding, While Upstate Lags Behind

Downstate* health care employment has recovered and continues to grow since the outset of the pandemic. Upstate† health care employment has not fully recovered and is not growing as quickly.

Potential reasons for limited health care job growth upstate
- Health worker shortages
- Increased competition for workers
- Changes in service delivery

Implications
There is an urgent need to better understand the factors contributing to differences in health care employment growth upstate compared to downstate.

Why it matters
Better information on supply of and demand for health workers can inform the development of effective strategies to assure an adequate workforce to meet the health care needs of New Yorkers.

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* Downstate: Long Island and New York City regions.
† Upstate: Capital District, Central NY, Finger Lakes, Hudson Valley, Mohawk Valley, North Country, Southern Tier, and Western NY regions.