Registered Nurse Burnout in New York State

Preliminary analysis of responses to burnout questions on the registered nurse (RN) re-registration survey* found that:

- Patient care RNs† working in hospitals reported higher levels of burnout compared to RNs working in other settings
- Younger patient care RNs reported higher levels of burnout than older RNs
- White, non-Hispanic patient care RNs reported higher levels of burnout than those from other racial and ethnic groups
- Patient care RNs working in upstate New York reported higher levels of burnout than those working downstate‡

How Does Burnout Affect Retention?

- Higher levels of burnout reduce retention
- Further analysis of RN re-registration survey data may help inform strategies to address RN retention

* Data from New York State RN re-registration surveys submitted between November 1, 2022 and October 31, 2023.
† Patient care RNs are those working in positions that require New York State RN licenses who directly provide patient care and/or provide clinical supervision of students or staff who provide patient care.
‡ Downstate includes the 5 New York City counties (Bronx, Kings, New York, Queens, and Richmond) and the 2 Long Island counties (Nassau and Suffolk). Remaining counties were classified as upstate for this analysis.