




Registered Nurse Burnout in New York State

Preliminary analysis of responses to burnout questions on the registered nurse (RN) re-registration survey* found that:

 Patient care RNs[†] working in hospitals reported higher levels of burnout compared to RNs working in other settings


 Younger patient care RNs reported higher levels of burnout than older RNs

 White, non-Hispanic patient care RNs reported higher levels of burnout than those from other racial and ethnic groups

 Patient care RNs working in upstate New York reported higher levels of burnout than those working downstate[‡]



How Does Burnout Affect Retention?

 Higher levels of burnout reduce retention
Further analysis of RN re-registration survey data may help inform strategies to address RN retention

* Data from New York State RN re-registration surveys submitted between November 1, 2022 and October 31, 2023.

† Patient care RNs are those working in positions that require New York State RN licenses who directly provide patient care and/or provide clinical supervision of students or staff who provide patient care.

‡ Downstate includes the 5 New York City counties (Bronx, Kings, New York, Queens, and Richmond) and the 2 Long Island counties (Nassau and Suffolk). Remaining counties were classified as upstate for this analysis.